

UNIV 1820. 007

# ***Umoja:***

## ***A Community for Racial Healing***

With Melanie Penalosa  
Thursdays | 2:00-2:50pm

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Begin your journey of racial healing by interrupting internalized racism and become empowered to embrace your racial identity.

Inspired by the Swahili term “Umoja” which means “unity,” this course will use a social justice lens and psychoeducational approach to support student health by building a sense of community that is guided by the values of inclusion, respect, and equity.



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