Learning science is an emerging interdisciplinary field that concerns itself with learning and memory. This course will review the basics of learning science and describe evidence-based strategies and techniques that are consistent with current research. Students will have an opportunity to apply the learning-science strategies to another current course of their choosing and to reflect upon and discuss barriers and facilitators of their improvement efforts.

Students will gain . . .

1) Insights into best practices for learning challenging information
2) Study strategies based on learning science evidence
3) Techniques for studying in support of better grades and lifelong learning habits