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| Multiple | 1800, University Learning Skills | UConn Staff, Faculty, and Graduate students who love to support first-year students & Peer Mentors | Multiple—Find one that works for you! (Tailored sections for international, transfer, SSS & Veteran students by instructor permission) | - ALL FYE Sections 19 or Fewer Students  
- Learn UConn Resources  
- Create a college résumé  
- Learn college strategies  
- Make great friends  
- Most UConn students take an 1800 (Learning Community Students take 1810, the LC equivalent FYE) |
| Multiple | 1810, 1840, Learning Community Seminars | Learning Community Faculty | Multiple | - PLEASE DO NOT DROP: Required for participation in LCs  
- By instructor permission  
- Students taking 1810 CAN enroll in 1820 sections, but NOT 1800 Questions?: (860) 486-0711 |
| 8522 | 1820.001, Holistic Development in Intercollegiate Athletics | Alana Butler | 10:00AM - 10:50AM / Tu / GENT201 | - By instructor permission  
- Balance, school, life, and sports with your personal wellness |
| 8690 | 1820.002, Exploring STEM Research 101 | Renee Gilberti | 9:05AM - 9:55AM / Fr / ROWE130 | - By instructor permission  
- Learn core skills for success in STEM undergraduate research  
- Meet other students studying science, technology, math, and engineering  
- Work with the McNair program |
| 8716 | 1820.003, Sustainability 360 | Joan Allen | 11:15AM - 12:05PM / We / JONS229 | - Learn about exciting careers in sustainability  
- Get outside to in hands-on activities |
| 8692 | 1820.005, P.A.S.S | Willena Price | 5:30PM - 6:20PM / Th / SU407 | - By instructor permission  
- Connect with the African American Cultural Center and other students  
- Learn culturally relevant skills |
| 8729 | 1820.006, Introduction to Medical History | Keat Sanford | 6:00PM - 6:50PM / We / ROWE130 | - Learn about the patient-health provider relationship  
- Take medical histories of mock patients in hands-on workshops |
| 13676 | 1820.007, Husky Health 101 | Kelley Lafleur | 1:25PM - 2:15PM / We / ROWE134 | - Take control of your adult health  
- Work with a UConn Nurse from the infirmary to consider your wellness |
| 8730 | 1820.008, Making Major Decisions | Sharon Mendes | 12:30PM - 1:20PM / Th / ROWE130 | - Explore major and career options  
- Learn about yourself as a future professional  
- Learn how to build your résumé to reach your long-term goals |
<p>| 8758 | 1820.009, Making Major Decisions | Julie Lynch | 9:30AM - 10:20AM / Tu / ROWE134 | - |</p>
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| 10492  | 1820.010, Political Palm Reading | Brian Boecherer | 11:15AM - 12:05PM / Fr / ROWE134 | • Explore topics such as nationality, identity, ethnicity, and global society  
• Make world politics fun and accessible in your daily life |
| 13875  | 1820.011, Exploring the Many Paths of Psychology | Sarah Scheidel | 11:15AM - 12:05PM / We / BOUSA101A | • By instructor permission  
• Plan your path in Psychology and minors with your major advisor  
• Consider your career options |
| 13876  | 1820.012, UCan Cook at UConn | Robert Landolphi | 9:05AM - 11:05AM / We / JONS137 | • Learn basic cooking techniques  
• Work with professional chefs |
| 8946   | 1820.013, Pink, Blue and the Spectrum | Fleurette King (PI), Megan Brannan (SI) | 10:10AM - 11:00AM / We / SU403 | • Learn about the spectrum of gender identities in a safe, welcoming atmosphere  
• Build communication skills |
| 8954   | 1820.014, Education for Social Change | Dominique Battle-Lawson, Mia Hines | 2:30PM - 3:20PM / Mo / ROWE134 | • Explore a career in teaching  
• Consider the roles of race, class, and gender in the K-12 education system |
| 15369  | 1820.015, Foundations of Medicine | Keat Sanford | 6:00PM - 6:50PM / Mo / Rowe 130 | NEW OFFERING FALL 2015  
• Work with mentors currently in UConn Medical School  
• Learn about various medical fields  
• Build connections with other students interested in pre-medical studies  
• Get pre-med advising early in your undergraduate career |
| 15370  | 1820.016, Foundations of Medicine |  | 7:00PM - 7:50PM / We / Rowe 130 | |
| 15371  | 1820.017, LSAMP | Joy Erickson (TBA) | 5:00PM - 6:15PM / Tu / OAK269 | • By instructor permission  
• Get support to succeed in your STEM field through the LSAMP program |

If you have any questions about fall 2015 First Year Experience offerings please don’t hesitate to call First Year Programs & Learning Communities.

FYP&LC Main Office: 860-485-3378
FYE Manager, Shawna M. Lesseur: 860-485-5699
Learning Communities Office: 860-485-0711
Executive Director, David T. Ouimette: 860-485-2150
Holistic Health in Intercollegiate Athletics

UNIV 1820.001
Tuesday | 10:00–10:50pm | Instructor: Alana Butler | WOOD 4A | Class #8522

This course was created to explore issues pertinent to the lives of student-athletes in their transition to college, their path over their academic and athletic career, and the unique aspects of planning their future. It will likely be most appealing to student-athletes and those pursuing an academic major and/or career that relates to intercollegiate or professional athletics. This course is designed as an open forum for discussion, debate, growth, and understanding of you as a scholar, individual and global citizen. This course is designed to be fun, supportive, practical and intellectually challenging. Most of our work in this class will be cooperative. Therefore, our success will largely rely on active, earnest participation from you. Students who successfully complete the course will leave with an enhanced knowledge of numerous and diverse issues in sport, the ability to think critically, research, and analyze different issues, increased cultural competency, knowledge of relevant resources, and increased self and interpersonal awareness. In addition, we hope that you will have some fun memories, confidence and meaningful connections with faculty, staff and your fellow students.

The theme in this course designed specifically for those interested in intercollegiate athletics and athletic related issues is “Be a good Husky!” Throughout the course you will be intellectually challenged to think critically about what being a good Husky means to you within the confines of each weekly lesson. We will constantly revisit this theme as we are all members of the greater University community.
Exploring STEM Research 101

Do you want an innovative future in Science, Technology, Engineering, or Mathematics?

In this new course, learn about undergraduate research opportunities at UConn, graduate school programs, and STEM career options. Gain academic writing, critical thinking, project design, and public speaking skills along the way!

UNIV1820.002
SPRING 2014

Instructor: Renee Gilberti
Tuesdays 9:30-10:20am
Room: Gentry 203
Class#: 8690

*Open to Freshman and Sophomore students only

Contact Dr. Renée for a permission number and for further information:
renee.gilberti@uconn.edu
Sustainability 360

UNIV 1820.003 Class #8716
Wednesday | 11:15am-12:05 PM | JONS 229
Instructor | Joan Allen
First Year Seminar | www.fye.uconn.edu

- Engage in hands-on projects with guest lecturers in their areas of expertise with an emphasis on sustainable practices.
- Learn about growing career opportunities in plant science & landscape architecture (with an emphasis on those related to sustainability).
- Gain experience through lectures, fieldtrips, class discussion, & critical thinking by considering conflicting viewpoints on controversial & current topics.
- Explore sustainability & the complex issues involved in sustainable practices in agricultural production, plant biotechnology, & more.
UNIV 1820.05

Offered to assist first year African American Students in making a healthy, productive and successful transition to college life at UConn.

A one-credit course facilitated through the H. Fred Simon’s African American Cultural Center (AACC).

First year students will be matched up with an African American upper classmen mentor. Mentors will serve as liaisons to campus resources, services, organizations events and opportunities as well as be friend mentees and serve as support as they began to acculturate to campus culture and community.
UNIV 1820.006

Provides an introduction to the patient-health provider relationship. Focuses on developing skills to listen, record, organize, and report the stories patients and families tell. Learn and then use the standard medical history template in eliciting the patient’s story. (Available to freshman & sophomore students)

*Hands-on interactions with mock patients!
Husky Health 101

INTD 1820.008 You may know the amount of your student loans, but do you know your sleep debt? You’re making A’s and B’s in your classes, but what is your Nutrition IQ? If you want to enhance your personal health and well-being this is the course for you! You will have the opportunity to individually examine your personal health status and identify key areas for improvement. The course will provide basic information on a wide range of health education topics and provide you with the knowledge to make responsible health-related decisions.
Course Description:
This course is intended to provide students with an opportunity to further explore major and career options, while also providing professional development opportunities. Specific topics will include, but are not limited to: major and career exploration; understanding one's strengths, skills, interests, values, and personality and leveraging this information to make strategic career decisions; learning about internships; discovering leadership opportunities that will aid in skill acquirement and resume building; and hearing guest speakers discuss different major and career options.
Political Palm Reading

UNIV 1820.010    Class#: 10492

Friday | 11:15–12:05pm | Instructor: Brian Boecherer | ROWE 130
UNIV 1820.011
“Exploring the Many Paths of Psychology”

Instructor: Sarah Scheidel
Undergraduate Academic Advisor, Department of Psychology

This one-credit seminar is designed to support students as they formulate their undergraduate plan in Psychology. Through intentional exploration of the psychology major, double majors, and various minors available, students will explore what they can do to set themselves up for successful careers at UConn and beyond.

No prerequisites!
One 50-minute lecture/discussion per week

Meeting time & location: Wednesdays from 11:15am-12:05pm, BOUS A101A

Preference will be given to rising sophomores who are declared PSYC majors.

**Email Sarah Scheidel (sarah.scheidel@uconn.edu) for a permission number.**
UNIV 1820.012: Learn basic cooking techniques by doing. Taught by professionally trained managers and chefs. Arm yourself with the basic skills needed to function safely and skillfully in the kitchen.

Sign up if you want to earn “hands-on” experience!
UNIV 1820.013, Course #8946
Pink, Blue, & the Spectrum: Understanding Gender & Sexuality Diversity

Instructor: Fleurette King
Wednesdays
10:10am-11:00am
Student Union 403,

Through facilitated discussions, interactive activities, reading, and media students will learn about the spectrum of diversity of gender identities, gender expressions, and sexual orientations, inclusive of heterosexuals and cisgender people, and the significant critical and political issues.

- Work with staff from UConn’s Rainbow Center.
- Participate in meaningful, real-world discussions.
- Learn strategies to conduct personal interviews and critical conversations.
- Learn material that is applicable to your everyday life in college and beyond.
UNIV 1820.014
FALL 2015

Are you considering a career in education?

Education for Social Change will provide students with an introduction to relevant topics in education, implications of an ever-changing education system, careers in teaching/education, skills and competencies required to enter such professions, and strategies for applying educational models in an experiential learning project.

This course is driven by dialogue in class, online, and through experiential learning. In-class meetings will be dedicated to analyzing and critiquing concepts presented in the reading materials for the course. Admission requirements to programs offered by the Neag Education will also be covered.

Monday
2:30-3:20 PM
ROWE 134

Topics include:
- Challenges/Rewards of Careers in Education
- Closing the Achievement Gap
- Culturally Responsive Teaching
- Education in the Media
- Educators in Practice
- Understanding individual society

For information and permission number, contact:
Dominique Battle Lawson
Academic Advisor
860.486.1903
Dominique.battle-lawson@uconn.edu

Mia Hines
Academic Advisor
860.486.8901
Mia.hines@uconn.edu

First Year Seminar | www.fye.uconn.edu
Interested in going to medical school or a career in healthcare?

This class provides a start to your medical education and practice. You will make meaningful connections with a mentor from the medical school and pre-health advisors!

Foundations of Medicine

This FYE course meets online and in the classroom. It is a great opportunity to start learning about the medical school application process, the practice of medicine, and how to make the best of your undergraduate years at UConn.

UNIV 1820.015 or 1820.016
Instructor: Dr. Keat Sanford
Class Times: Mondays 6:00-6:50 or Wednesdays 7:00-7:50
Instructor: Joy Erickson

**LSAMP**

Diversity, Leadership and Academic Success in Science, Technology, Engineering, and Mathematics (STEM)

This course will cover three areas as they pertain to students pursuing undergraduate degrees in STEM fields:

1. Best practice strategies for academic success
2. Finding research and internship experiences for undergraduate enrichment
3. Leadership and professional development in the STEM fields available to UConn students

UNIV 1820.017
Course #15371

Tuesday
5:00-6:15PM

Location:
Oak 269

Instructor Consent Required

First Year Experience Fall 2015

www.fye.uconn.edu