

Expert-Led Lesson: Consent 201 - Violence Against Women Prevention – THIS LESSON IS REQUIRED BY FYP&LC

Department: Women's Center

Brief Description: Rape is the most common violent crime on American college campuses today. **One in four** college women report surviving rape or attempted rape at some point in their college career. This rate has remained the same since the 1980s. VAWPP is dedicated to addressing and preventing all forms of sexual violence, intimate partner violence, stalking, and sexual harassment through education, outreach and advocacy. VAWPP workshops are interactive discussions, facilitated by peer educators, which explore the entire continuum of sexual violence, from media images to criminal behavior.

Consent 201 expands on concepts first-year students were introduced to at Orientation. The workshop reinforces the importance of understanding the University's definition of consent and how to operationalize it, all while challenging participants to examine attitudes and practices that normalize and condone gender-based discrimination, harassment and violence on campus and beyond.

Consent 201 invites students to think critically about common patterns of communication around requests, negotiation, pressure and coercion. Facilitators will use fun, interactive, non-sexual role-play to help students discuss dynamics within sexual and romantic situations.

Participants should leave the workshop with:

- Decreased rape myth acceptance
- An increased understanding of UConn's definition of consent
- The ability to apply the University's definition of consent, should they choose to be sexually active
- The ability to make connections between unhealthy norms and gender-based violence

Deadline: There is no specific deadline for this presentation, but please sign up in a timely manner.

Location: VAWPP will have a representative come to your FYE class location.

Length: Workshops are approximately 45 - 50 minutes in length, and usually involve brief film clips, interactive exercises, and discussion.

